- 4. Saint Joseph, friend of the Sacred Heart...pray for us and obtain our request.
- 5. Saint Jude...pray for us and obtain our request.
- 6. Saint Anthony...pray for us and obtain our request.
- 7. Saint Conrad...pray for us and obtain our request.
- 8. Saint Benedict [the Moor]...pray for us and obtain our request.
- 9. Saint Roch...pray for us and obtain our request.
- 10. Saint Dominic and Saint Francis...pray for us and obtain our request.
- 11. Saint Theresa, Little Flower of Jesus...pray for us and obtain our request.
- 12. Ye Blessed Martyrs of Uganda...pray for us and obtain our request.
- 13. Saint Martin de Porres...pray for us and obtain our request.
- 14. All Ye Holy Angels and Saints...pray for us and obtain our request.

End with reciting six Our Fathers, six Hail Mary's and six Glorias at each visit.

Our children are constantly reminded of the great power of prayer, by means of which God shares his creative power with man. Mere words created the universe. Mere words, at Mass, change bread and wine into the Body and Blood of Christ. Mere words create what we ask. The success of a good prayer does not depend on ourselves or even our good will, but entirely on the merits and satisfactions of Christ, and its efficacy is based on God's infinite willingness to hear every prayer. Bear in mind the life of Christ and "all that Christ earned is ours. The passion of Christ belongs to us as though we ourselves had suffered it." (Saint Thomas). And we offer these inexhaustible treasures to God in exchange for his favors. Redemption was placed within our reach but not within our grasp. A child may want an apple from a tree. It cannot reach it. However, if his father lifts him up he can pluck it. Thus, prayer is the means placed at our disposal to receive God's gifts. No request is ever refused, so that, when once we enter the portals of heaven, we will find that not a single prayer sent up to heaven remained unanswered or unrewarded.

*(excerpted from: vocationstory.blogpot.com)

What can be greater than God's will since He has our greatest welfare at heart? Have you never experienced that your requests often were granted **only when you fully resigned yourself to it? According to Catholic doctrine on grace, the least degree of grace surpasses all earthly values. Consequently, when we pray, every word coming from our lips bestows more value on us than all earthly riches. We do not gather dust but gold kernels for eternity. God's blessing rains down on us, and each word has a value over all temporal goods.

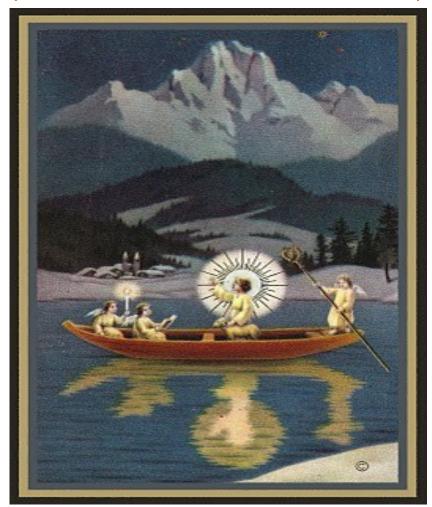
**(excerpted from: www.loretopubs.org)

The next time you need a 911 for your problems, visit the Blessed Sacrament 9 times in one day reciting the prayer above with all sincerity and humility and storm the heavens with your prayers. (May be said with arms extended or lying prostrate in front of the Blessed Sacrament).

The Storm Novena

(ALSO CALLED THE NOVENA TO THE INFANT OF PRAGUE)

(A NINE HOUR NOVENA TO STORM HEAVEN WITH PRAYERS)



Prayer gives genuine value to life if recited with full resignation to God's will.

The most meritorious prayer ever said was: "Lord, not my will but Thine be done."

*The Storm Novena

All text comes from "The Storm Novena," originally published in 1947 by two Capuchin friars.



What is a Storm Novena?

A Storm Novena consists of nine visits to the Blessed Sacrament in one day, praying on one's knees, and with outstretched arms, to obtain a speedy and unfailing answer to prayer. Some Franciscan sisters define it in these terms: "Storm"

means a sudden, forceful assault in the shape of ardent prayers on heaven at the throne of our divine Lord, so that He will take immediate note and answer them readily. One, so to say, storms heaven with implicit confidence, in accordance with the Gospel story recorded in Saint Luke 11:5-13, which reads: "Let us suppose that one of you has a friend to whom he goes at the dead of night, and asks him, 'Lend me three loaves of bread, neighbor. A friend of mine has turned in to me after a journey, and I have nothing to offer him.' And suppose the other answers from within the doors, 'Do not put me to such trouble; the door is locked, my children and I are in bed; I cannot

bestir myself to grant the request.' I tell you, even if he will not bestir himself to grant it out of friendship, shameless asking will make him rise and give his friend all that he needs. And I say the same to you; knock, and the door shall be opened for you. Everyone that asks, will receive; that seeks, will find; that knocks, will have the door opened to him. Among yourselves, if a father is asked by his son for bread will he give him a stone? Or for a fish, will he give him a snake instead of a fish? Why then, if you, evil as you are, know well enough how to give your children what is good for them, is not your Father much more ready to give, from heaven, his Holy Spirit to those who ask him?" Thus man has power over God.

It is performed on our knees to indicate our total helplessness and dependence on God; with extended arms - similar to Moses, who, as long as he prayed with extended arms, sustained his army in fighting successfully; then also to remind the heavenly Father of his divine Son on the cross - in virtue of which all our prayers have their power, whether they be expiation, reconciliation, adoration, or pleadings for help. Praying with extended arms was a favorite manner of prayer employed by Saint Francis of Assisi in memory of

our crucified savior. When Saint Gertrude asked our Lord to teach her how to pray so as to commemorate his passion, our Lord answered: "When you pray, spread forth your hands so as to represent to God the Father the memory of My Passion, in union with that love with which I stretched out My hands on the cross; and if you do this habitually, without fear of ridicule or reproach, you will pay Me an honor as great as is shown to a king when he is solemnly enthroned."

"The prayer of him that humbleth himself shall pierce the clouds." (Eccl. 35:31)

In the seventeenth century, a certain John Flavel asserted that "Man's extremity is God's opportunity." Yes, indeed, Percy Maxman contends. "Invincible is the spirit of man that stands firm in reliance upon God."

Whatever perils may confront humanity, faith in a power above and beyond ourselves can assert itself and dispel fear and doubt from the mind. Dr. Alexis Carrel once said, "Our deepest source of power and perfection has been left miserably undeveloped."

How We Make Our Storm Novenas

The first visit is always introduced by an act of Perfect Contrition:

O my God, I am heartily sorry for having offended Thee and I detest all my sins because I dread the loss of heaven and the pains of hell, but most of all because they offend Thee, my God, Who are all good and deserving of all my love. I firmly resolve with the help of Thy grace, to confess my sins, to do penance and to amend my life. Amen.

To which are then added the following 14 invocations at each visit:

- 1. O Sacred Heart of Jesus...have mercy on us and grant us our request.
- 2. Our Lady of Perpetual Help...pray for us and obtain our request.
- 3. The Memorare:

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, and sought thy intercession was left unaided. Inspired with this confidence I fly unto thee, O Virgin of Virgins, my Mother! To thee I come, before thee I stand sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.