

# Consecration the St. Joseph

## Part 22

### Mirror of Patience, Pray for Us

This flower of Israel [St. Joseph] had the faith of Abraham, the piety of David his ancestor, the wisdom of the prophets, a patience more heroic than that of Job and of Tobias, and a zeal greater than that of Elijah for the glory of God. – Blessed Gabriele Allegra

Patience is a virtue that many people find hard to practice. Remaining peaceful and calm can be very challenging when you find yourself in a situation that is completely out of your control. Indeed, there are countless things in life that will test your patience.

In modern times, advances in technology have put almost everything in life at our fingertips. Our meals, entertainment, music and contacts are instantly available to us. With this capability, it can be very difficult to wait and acquire the virtue of patience. If you want to be like St. Joseph, however, you must learn patience.

Blessed are all those who wait on the Lord. – Isaiah 30:18

St. Joseph is a model of patience. Life was not easy for St. Joseph. His mission required a lot of waiting. If St. Joseph did not accompany Mary on her journey to Elizabeth's house, he had to wait three long months to see his wife again. When St. Joseph observed that his wife was pregnant, he had to wait for the Lord to reveal what he wanted him to do in response to the wondrous pregnancy. Such trials of patience must have been extremely challenging for St. Joseph. St. Joseph used them as an opportunity to grow in patience and holiness. He mastered every opportunity.

St. Joseph exhibited heroic patience in Egypt. Taking his wife and newborn Child to a country with a different language, culture, religion and currency must have filled his heart with anxiety. Finding work in Egypt and providing food and shelter for his family could not have been easy. What husband and father would not be in a constant state of anxiety in such a situation? He had no idea how long he would have to stay in Egypt. Yet, in every situation, St. Joseph was always peaceful, kind, calm and abandoned to Divine Providence.

St. Joseph will increase your patience. You, too, are going to experience many trials in life, trials that will test your love and your patience. Whether you like it or not, your patience is going to be tried. Hardly a day will go by in which you will not be given the opportunity to acquire patience. God allows such trials because he wants us to grow in virtue.

A concrete area in your life where you can exercise the virtue of patience is by being merciful to others, especially when you know their faults. St. Joseph lived with two perfect people, but he must have frequently encountered unpleasant and difficult people: employers, coworkers, tax collectors, politicians, etc. You, too, will experience unpleasant people in life. In such instances, imitate the patience of St. Joseph. Ask God for the grace to love your neighbor. Be kind, peaceful and merciful.

In the workplace, offer forgiveness for offenses. On the highway, be patient and courteous. With difficult family members and friends, be pleasant and merciful. Exercising patience and mercy always brings about good. The loving patient and merciful person is always victorious, in this life or the next.

He [St. Joseph] was always imperturbable, even in adversities. Let us model ourselves after this sublime example and let us learn to remain peaceful and tranquil in all of life's circumstances. – St. Joseph Marelllo

## Litany of St. Joseph

Lord, have mercy on us.  
Christ have mercy on us.  
Lord, have mercy on us.  
Christ, hear us.  
Christ, graciously hear us.

God the Father of Heaven, have mercy on us.  
God the Son, Redeemer of the world, have mercy on us.  
God the Holy Ghost, have mercy on us.  
Holy Trinity, One God, have mercy on us.

Holy Mary, pray for us  
St. Joseph,  
Noble scion of David,  
Light of the Patriarchs,  
Spouse of the Mother of God,  
Chaste Guardian of the Virgin,  
Foster-father of the Son of God,  
Sedulous Defender of Christ,  
Head of the Holy Family,  
Joseph most just,  
Joseph most chaste,  
Joseph most prudent,  
Joseph most valiant,  
Joseph most obedient,  
Joseph most faithful,  
Mirror of patience,  
Lover of poverty,  
Model of all who labor,  
Glory of family life,  
Protector of virgins,  
Pillar of families,  
Consolation of the afflicted,  
Hope of the sick,  
Patron of the dying,  
Terror of the demons,  
Protector of Holy Church,

Lamb of God, Who takes away the sins of the world, spare us, O Lord.  
Lamb of God, Who takes away the sins of the world, graciously hear us, O Lord.  
Lamb of God, Who takes away the sins of the world, have mercy on us.

V. He made him the lord of his household.  
R. And prince over all his possessions.

Let us pray. God, Who, in Thine ineffable Providence didst vouchsafe to choose blessed Joseph to be the Spouse of Thy most holy Mother; grant, we beseech Thee, that we may be worthy to have him for our intercessor in Heaven whom, on earth, we venerate as our protector. Who livest and reignest world without end. Amen

