

First Saturday Devotions to the Immaculate Heart of Mary



A Prayer of Consecration to the Sacred Heart of Mary

O Heart of Mary, I offer, and, I consecrate to you my heart; you shall ever be the object of my veneration, love, and confidence; I will pay you my devotions every day; I will celebrate your feasts with joy; I will proclaim your greatness and your goodness without ceasing; I will neglect no means of obtaining for you the honor and the homage which are due unto you; I will bring all the thoughts and affections of my heart into conformity with yours, and I will make it my duty to imitate your virtues, especially your purity and your humility.

Vouchsafe, O Mary, to open to me your Heart, and to receive me therein, in union with all your dear and faithful children. Obtain for me the grace I need to imitate you, as you have imitated Jesus Christ; defend and protect me in all dangers; console me in all afflictions, and teach me how to make a holy use of all the goods and ills of life. Amen.

May the divine Heart of Jesus, and the Immaculate Heart of Mary, be always, and in all places, acknowledged, praised, blessed, loved, honored and glorified. Amen.

Act of Reparation to the Sacred Heart of Mary

O Heart of Mary, I honor you as the Heart most pleasing to our Lord, and most intimately united to Him. I love you as the heart of the best of mothers, and I rejoice in your glorious prerogatives. Prostrate before you, O Heart of Mary, I make you this humble act of reparation for all the outrages which you have received from me and from all mankind. I humbly confess that I have been guilty of the greatest ingratitude towards you; but seeing that, through you, the divine mercy has so often had regard unto me, I venture even yet to hope that you will not abandon me. In this sweet confidence, I am animated by a most earnest desire to be more faithful and more devoted to you. I pray you to accept all the good that henceforth I am resolved to do, to present it to your dear Son Jesus, so that, through you, my most loving Savior may pour down His benedictions more and more on me, and all who are dear unto me. Amen.

Prayer to the Heart of Mary

O Heart of Mary, Mother of God, and our Mother, Heart most worthy of love, object of the complacency of the Most Holy Trinity, and deserving of all the veneration and tenderness of angels and of men, you are the most perfect image. O Heart full of goodness and compassion for our miseries, vouchsafe to thaw the ice of our hearts, and make them to be entirely turned to the Heart of our Divine Savior. Pour into them the love of your virtues; inflame them with that blessed fire with which you have continuously burned. Gather within yourself the holy Church, guard it, and always be its sweet refuge and its tower against all the incursions of its enemies. Be our way to go to Jesus, and the channel by which we receive all the graces necessary for our salvation. Be our succor in our wants, our support in our afflictions, our comfort in temptations, our refuge in persecutions, our aid in all dangers, but especially in the last combat of our life at the hour of death, when all hell will be unchained against us to snatch our souls away in that most dreadful moment on which our eternity depends. Oh, then, most tender Virgin, make us feel the sweetness of your maternal Heart, and the greatness of your power with the Heart of Jesus, and open to us in that same fountain of mercy a secure refuge, that we may come to bless Him with you in Paradise for ever and ever. Amen.

Litany of the Sacred Heart of Mary

V. Lord have mercy. R. Lord have mercy.
V. Christ have mercy. R. Christ have mercy.
V. Lord have mercy. R. Lord have mercy.
V. Christ hear us. R. Christ graciously hear us.

God, the Father of Heaven, Hear us
God the Son, Redeemer of the world, Hear us
God the Holy Spirit, Hear us
Holy Trinity, one God, Hear us

Heart of Mary, Pray for us
Heart of Mary, according to the Heart of God, Pray for us
Heart of Mary, united to the Heart of Jesus, Pray for us
Heart of Mary, organ of the Holy Spirit, Pray for us
Heart of Mary, sanctuary of the Divine Trinity, Pray for us
Heart of Mary, tabernacle of God incarnate, Pray for us
Heart of Mary, immaculate from your creation, Pray for us
Heart of Mary, full of grace, Pray for us
Heart of Mary, blessed among all hearts, Pray for us
Heart of Mary, throne of glory, Pray for us
Heart of Mary, abyss of humility, Pray for us
Heart of Mary, holocaust of Divine love, Pray for us
Heart of Mary, fastened to the Cross with Jesus crucified, Pray for us
Heart of Mary, comfort of the afflicted, Pray for us
Heart of Mary, refuge of sinners, Pray for us
Heart of Mary, hope of the agonizing, Pray for us
Heart of Mary, seat of mercy, Pray for us

R. Lamb of God, Who takes away the sins of the world,
V. Spare us, O Lord.

R. Lamb of God, Who takes away the sins of the world,
V. Graciously hear us, O Lord.

R. Lamb of God, Who takes away the sins of the world,
V. Have mercy on us.

R. Christ hear us,
V. Christ graciously hear us.

R. Immaculate Mary, meek and humble of Heart
V. Make our hearts according to the Heart of Jesus.

Let us pray: O most merciful God, who, for the salvation of sinners and the refuge of the miserable, was pleased that the Immaculate Heart of the Blessed Virgin Mary should be most like in charity and pity to the Divine Heart of Your Son, Jesus Christ, grant that we, who commemorate this most sweet and loving Heart, may, by the merits and intercession of the same Blessed Virgin, merit to be found according to the Heart of Jesus. Through the same Christ, our Lord. R. Amen. - **Next recite Antiphon above** -

The 5 First Saturdays are in reparation to the 5 blasphemies against the Immaculate Heart of Mary:

1. Her Immaculate Conception
2. Her Perpetual Virginity
3. Her Spiritual and Divine Maternity
4. Her Image
5. Failure to teach Children about Her.

To keep the 5 First Saturdays one must: A. Confess up to 8 days before or after; B. Receive Holy Communion worthily; C. Pray 5 decades of the Rosary; D. Meditate 15 minutes upon one of the 15 Mysteries of the Rosary; and E. Consciously make this exercise as an act of reparation.

Daily praying of the Rosary; wearing the Brown Scapular, making the daily morning offering; spreading the message of Fatima; and Honor Her Immaculate Heart.

It must be remembered that this devotion is accompanied by the incredible promise of Our Lady to Sr. Lucia: "I promise to assist them at the hour of death with all the graces necessary for the salvation of their soul."

[Antiphon]: We fly to Your patronage, O holy Mother of God. Despise not our petitions in our necessities; but deliver us from all dangers, O ever glorious and blessed Virgin.