

# On The Dolors (Sorrows) of Mary

WHO can have a heart so hard that it will not melt on hearing of a most lamentable event which once happened in the world?

There was a noble and holy mother who had but one only Son; and he was the most amiable that could be imagined, innocent, virtuous, beautiful, and most loving towards his mother; so much so, that he never had caused her the least displeasure, but always had showed her all respect, obedience, and affection. Hence the mother had placed on this Son all her earthly affections. Now what happened? It happened that this Son through envy, was falsely accused by his enemies and the judge, although he knew and confessed his innocence, yet, that he might not offend his enemies, condemned him to an infamous death, precisely as they had requested him to do. And this poor mother had to suffer the affliction of seeing that amiable and beloved Son so unjustly taken from her, in the flower of his age, by a barbarous death; for he was made to die in torment, drained of his blood before her own eyes in a public place, upon an infamous gibbet. - Excerpt from *The Glories of Mary*, Ch.IX, by St.Alphonsus Liguori

## The Seven Sorrows of The Blessed Virgin Mary

1. The Prophecy of Simeon (*Luke 2:25-35*)
2. The Flight into Egypt (*Matthew 2:13-15*)
3. Loss of the Child Jesus in the Temple for Three Days (*Luke 2:41-50*)
4. Mary Meets Jesus on His Way to Calvary (*Luke 23:27-31; John 19:17*)
5. Crucifixion and Death of Jesus (*John 19:25-30*)
6. The Piercing of the Side of Jesus and His Descent from the Cross (*Psalms 130; Luke 23:50-54; John 19:31-37*)
7. The Burial of Jesus (*Isaiah 53:8; Luke 23:50-56; John 19:38-42; Mark 15:40-47*)

Pray one *Our Father* [Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

and 7 *Hail Marys* after each Sorrow [Hail Mary, Full of Grace, The Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death. Amen.

## The Seven Promises For Those Who Practice This Devotion

1. I will grant peace to their families.
2. They will be enlightened about the divine mysteries.
3. I will console them in their pains, and I will accompany them in their work.
4. I will give them as much as they ask for as long as it does not oppose the adorable will of my divine Son or the sanctification of their souls.
5. I will defend them in their spiritual battles with the infernal enemy, and I will protect them at every instant of their lives.
6. I will visibly help them at the moment of their death, they will see the face of their Mother.
7. I have obtained this Grace from my divine Son, that those who propagate this devotion to my tears and dolors, will be taken directly from this earthly life to eternal happiness since all their sins will be forgiven and my Son and I will be their eternal consolation and joy.