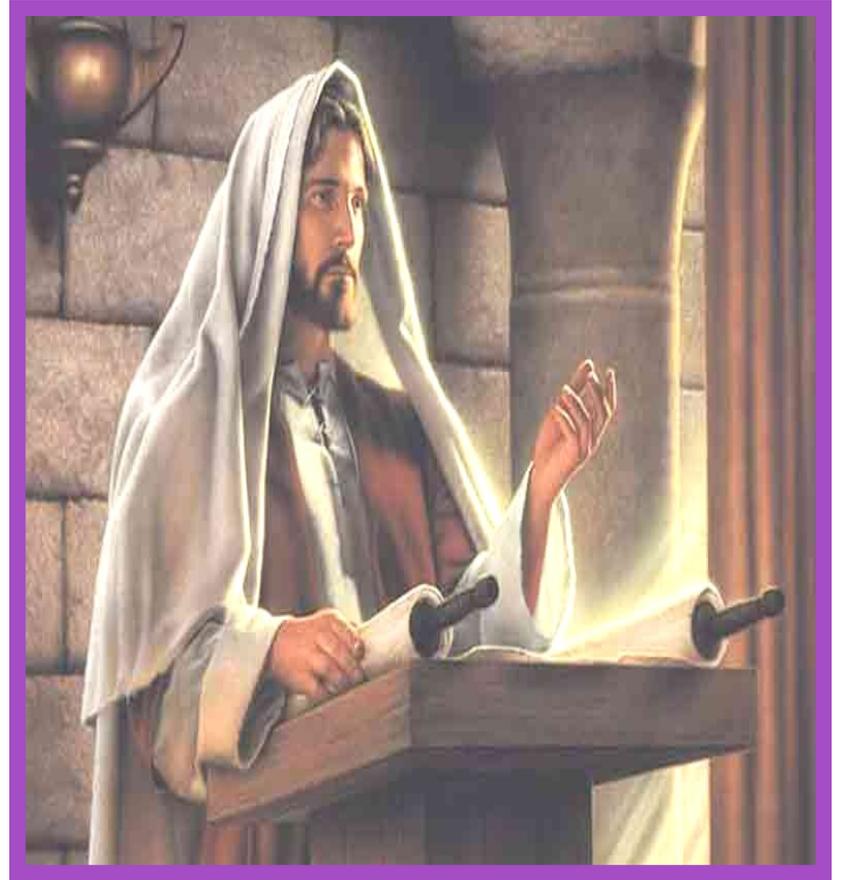


And because of this we glory with the psalmist, saying: *See my abjection and my labor: and forgive me all my sins* (Ps. xxiv. 18).



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**SERMON ON
HUMILITY
FROM THE FATHER'S OF THE CHURCH
112 - 1**



JESUS, OUR FIRST PREACHER!

16TH SUNDAY AFTER PENTECOST

Based on the Divine Office-Douay-Rheims Version

Volume 3 - Pages 1349 - 1350 (1962 edition)

Commentary on the Gospel of Luke 14: 1-11

by: Saint Anthony, Abbot and Egyptian Father of the Church

Brethren, the Prophet says: *But to whom shall I have respect, but to him that is poor and little and of a contrite spirit, and that trembleth at my words* (Is. lxii. 2)? And in the Gospel the Lord says the same: *Learn of me, because I am meek, and humble of heart;* (Mt. xi. 29). He therefore who has gained humility, has already become a dwelling place of the Most High God; and has attained to sublimity of soul, to the love of innocence, to peace and to charity. Come then, dispose your heart towards humility, and do not walk in the company of devils in pride of heart. For God and His angels and saints turn away from the proud in heart. Whosoever therefore walks in the pride of his own heart, is an associate of demons.

Because of pride of heart, the heavens were bowed down, the foundations of the earth were shaken, the deeps of the sea were troubled and angels were cast down from glory, and became demons because of their pride of heart.

Because of this, the Almighty was angered, and caused fire to come forth from the abyss, and waves to rise up as a sea of fire (Num. xvi).

Because of pride of heart, He made hell, and its torments. Because of



pride of heart, bonds were made and scourges, with which the devil is tormented because of the pride of his heart. Because of pride of heart, the abyss of hell was made, and the worms that do not die or sleep (Mk. ix. 45). Because of pride of heart, the fiery chariots were made, the torment of burning flames, the coals of living fire. Because of pride of heart, all things are troubled and thrown into disorder, and men war against each other, and from this came tyranny.

All this has happened through pride of heart. The pride of heart of men is unclean before God; but hearts that are humble and contrite the Lord will not despise. The Mercy of God, my beloved brothers and sons, coming to us from on high, became humble to His last breath.

