

The Sacred Heart of Jesus - The "Treasure" To Transform Your Life

Excerpt from The Love of The Sacred Heart

Mystical revelations of a lover of the Sacred Heart of a much earlier century; the Benedictine nun
Saint *Mechtilde of Hackeborn (1241-1298)*

CHAPTER XVII: THE MEANS OF LEADING A CHRISTIAN LIFE MUST BE SOUGHT IN THE SACRED HEART

THE prophet said: "*You will draw waters of joy from the Saviour's fountains.*"

These holy fountains signify His wounds, and especially that in His Sacred Heart. A Christian must always be striving to approach nearer to this inexhaustible fountain and to draw from it the water which flows unto eternal life.

Our Lord says to each one of us: "**Enter and travel through My divine Heart, see its length and breadth; its length is the eternity of My goodness, and its breadth the love and the desire I have always had for thy salvation. Consider this length and breadth that is, take possession of it, for all the good that thou dost find in My Heart really belongs to thee.**"

Therefore the source of life, grace, virtue and holiness is opened, and Jesus says: "Why should not a Christian receive what I very willingly offer him?"

"I give him readily the treasure of the life I passed here on the earth in innocence and sanctity; let him take it for himself and seek in it a compensation for all his needs."

Mechtilde replied: "If thou dost so much desire, my sweetest Jesus, that we should appropriate all that is Thine, tell me, I pray Thee, how it is to be done."

He replied: "**Offer to God the Father** all thy desires, intentions and prayers in union with My desires and prayers; all will unite and ascend to God, giving Him pleasure, as several perfumes burnt together cause only one column of smoke that rises straight to heaven. Any other prayer, even though it should reach heaven, could not be so pleasing to God."

"**In the same way, if thou unitest thy labours and all thy works with My labours and My works**, all that thou dost shall be ennobled; as brass melted with gold is no longer a common metal but is changed into precious gold. If a handful of wheat is thrown on to a heap of the same, it is immediately identified with it, and so the works of men, in themselves nothing, when joined to My works, are multiplied and changed to their advantage."

"**In the third place, regulate thy whole life viz., thy movements, strength, senses, thoughts, words, indeed everything according to My way of living**, from which will result a new and a higher life. See a beautiful bird which flies from a fetid marsh and poisonous air; it takes a new life in better surroundings. So the earthly man, in the life he has hitherto led, becomes heavenly in the new life he receives, united with Me."

Therefore, beloved souls, let us receive with great gratitude so great a favour from heaven. **Let us take possession of the most holy life of Christ to supply for what is wanting in ours. Let us also study, according to our ability, to conform ourselves to His virtues**; this will be our greatest glory, in our eternal home. What glory could be greater than to approach, in some way, the splendour of the eternal light?

Prayer To The Sacred Heart Of Jesus

O MOST SACRED, Most Loving Heart of Jesus, You are concealed in the Holy Eucharist, and Your Heart beats for us still. Now as then, You say, *Desiderio desideravi*: "With desire I have desired." I worship You then with all my best love and awe, with my fervent affection, with my most subdued, most resolved will.

O my God, when You have consented to allow me to receive You, to eat and drink You, and You for a while take up Your abode within me, O make my heart beat with Your Heart.

Purify it of all that is earthly, all that is proud and sensual, all that is hard and cruel, of all perversity, of all disorder, of all deadness. Fill my heart so fully with You that neither the events of the day nor the circumstances of the time may have power to disturb it, but that instead, in Your love and Your divine fear it may have complete peace. *Amen*

