

The Most Holy Body and Blood of Jesus Christ

[47] Amen, amen I say unto you: He that believeth in me, hath everlasting life. [48] I am the bread of life. [49] Your fathers did eat manna in the desert, and are dead. [50] This is the bread which cometh down from heaven; that if any man eat of it, he may not die.

[51] I am the living bread which came down from heaven. [52] If any man eat of this bread, he shall live for ever; and the bread that I will give, is my flesh, for the life of the world. [54] Then Jesus said to them: Amen, amen I say unto you: Except you eat the flesh of the Son of man, and drink his blood, you shall not have life in you. [55] He that eateth my flesh, and drinketh my blood, hath everlasting life: and I will raise him up in the last day. . (John - Latin Vulgate Bible)

[19] And taking bread, he gave thanks, and brake; and gave to them, saying: This is my body, which is given for you. Do this for a commemoration of me. [20] In like manner the chalice also, after he had supped, saying: This is the chalice, the new testament in my blood, which shall be shed for you. (Luke - Latin Vulgate Bible)

And this food is called among us Εὐχαριστία [the Eucharist], of which no one is allowed to partake but the man who believes that the things which we teach are true, and who has been washed with the washing that is for the remission of sins, and unto regeneration, and who is so living as Christ has enjoined. For not as common bread and common drink do we receive these; but in like manner as Jesus Christ our Saviour, having been made flesh by the Word of God, had both flesh and blood for our salvation, so likewise have we been taught that the food which is blessed by the prayer of His word, and from which our blood and flesh by transmutation are nourished, is the flesh and blood of that Jesus who was made flesh. For the apostles, in the memoirs composed by them, which are called Gospels, have thus delivered unto us what was enjoined upon them; that Jesus took bread, and when He had given thanks, said, This do in remembrance of Me, Luke 22:19 this is My body; and that, after the same manner, having taken the cup and given thanks, He said, This is My blood; and gave it to them alone. Which the wicked devils have imitated in the mysteries of Mithras, commanding the same thing to be done. For, that bread and a cup of water are placed with certain incantations in the mystic rites of one who is being initiated, you either know or can learn. (First Apology of St. Justin Martyr - Chapter 66)

Litany of The Blessed Sacrament

Lord, have mercy on us;

Lord, have mercy on us.

Christ, have mercy on us;

Christ, have mercy on us.

Lord, have mercy on us;

Lord, have mercy on us.

Christ, hear us;

Christ, graciously hear us.

God, the Father of Heaven,

have mercy on us.

God, the Son, Redeemer of the world,

have mercy on us.

God, the Holy Spirit,

have mercy on us.

Most Holy Trinity, One God;

have mercy on us.

Jesus, Eternal High Priest of the Eucharistic

Sacrifice,

have mercy on us.

Jesus, Divine Victim on the Altar for our salvation

have mercy on us,

Jesus, hidden under the appearance of bread,

have mercy on us,

Jesus, dwelling in the tabernacles of the world,

have mercy on us,

Jesus, really, truly and substantially present in the

Blessed Sacrament

have mercy on us,

Jesus, abiding in Your fullness, Body, Blood, Soul and Divinity,

have mercy on us,

Jesus, Bread of Life,
have mercy on us,
Jesus, Bread of Angels,
have mercy on us,
Jesus, with us always until the end of the world,
have mercy on us,

Sacred Host, summit and source of all worship and Christian life,
have mercy on us,
Sacred Host, sign and cause of the unity of the Church,
have mercy on us,
Sacred Host, adored by countless angels,
have mercy on us,
Sacred Host, spiritual food,
have mercy on us,
Sacred Host, Sacrament of love,
have mercy on us,
Sacred Host, bond of charity,
have mercy on us,
Sacred Host, greatest aid to holiness,
have mercy on us,
Sacred Host, gift and glory of the priesthood,
have mercy on us,
Sacred Host, in which we partake of Christ,
have mercy on us,
Sacred Host, in which the soul is filled with grace,
have mercy on us,
Sacred Host, in which we are given a pledge of future glory,
have mercy on us,

Blessed be Jesus in the Most Holy Sacrament of the Altar.
Blessed be Jesus in the Most Holy Sacrament of the Altar.
Blessed be Jesus in the Most Holy Sacrament of the Altar.

For those who do not believe in Your Eucharistic presence,
have mercy, O Lord.
For those who are indifferent to the Sacrament of Your love,
have mercy, O Lord.
For those who have offended You in the Holy Sacrament of the Altar,
have mercy, O Lord.

That we may show fitting reverence when entering Your holy temple,
we beseech You, hear us,
That we may make suitable preparation before approaching the Altar,
we beseech You, hear us,
That we may receive You frequently in Holy Communion with real devotion and true humility,
we beseech You, hear us,
That we may never neglect to thank You for so wonderful a blessing,
we beseech You, hear us,
That we may cherish time spent in silent prayer before You,
we beseech You, hear us,

That we may grow in knowledge of this Sacrament of sacraments,
we beseech You, hear us,
That all priests may have a profound love of the Holy Eucharist,
we beseech You, hear us,
That they may celebrate the Holy Sacrifice of the Mass in accordance with its sublime dignity,
we beseech You, hear us,
That we may be comforted and sanctified with Holy Viaticum at the hour of our death,
we beseech You, hear us,
That we may see You one day face to face in Heaven,
we beseech You, hear us,

Lamb of God, You take away the sins of the world,
spare us, O Lord.
Lamb of God, You take away the sins of the world,
graciously hear us, O Lord.
Lamb of God, You take away the sins of the world,
have mercy on us.

V. O Sacrament Most Holy, O Sacrament Divine,
R. *all praise and all thanksgiving be every moment Thine.*

Let Us Pray

Most merciful Father, You continue to draw us to Yourself through the Eucharistic Mystery. Grant us fervent faith in this Sacrament of love, in which Christ the Lord Himself is contained, offered and received. We make this prayer through the same Christ our Lord. *Amen*

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